

SEMESTER II

COURSE DETAILS – 1
SUBJECT NAME – INSIGHT INTO INDIAN PHILOSOPHY
SUBJECT CODE – MY-CT-201

CREDIT: 4	CA: 30	SEE: 70	MM: 100
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Course Objectives:

The Objectives of learning this course are to:

- Students will have an idea about the insights of Indian philosophy and astik and nastik darshans.
- Understand the fold of applications and means to overcome them.
- Describe the various schools of philosophy like Jainism, nyas, vaisheshik, mimansa ets. Which are relevant to yoga practice?
- Discuss concept objectives and application of Indian culture for living and learning.
- Understand the mystery of Indian philosophy in relation to Yoga.

BLOCK-01	GENERAL INTRODUCTION OF INDIAN PHILOSOPHY AND CULTURE
UNIT-01	Meaning, definition and area of Indian philosophy.
UNIT-02	Nature and need of study of Indian philosophy
UNIT-03	Origin, meaning, definition and types, general introduction to Indian religious scriptures - Veda, Upanishad, Mahabharat, Ramayana, Bhagavad Gita.
UNIT-04	Salient Features of Indian Culture, Vedic Ashram Vyavastha, Varna Vyavastha, Law of Action, Sisteen Rituals and Pancha Mahayajna
BLOCK-02	NYAYA AND VAISESIKA
UNIT-01	Nature of physical world, Individual soul, liberation and concept of supreme soul in Indian philosophy.



UNIT-02	Theory of body, mind and soul and philosophical background, The sixteen Padarthas according to Nyaya.
UNIT-03	Concept of Nyaya philosophy means of salvation according to Nyaya and Vaisesika.
UNIT-04	Means and objects of knowledge according to Nyaya and Vaisesika Category of substance-Nava dravyas, Category of quality-24 gunas, Relation between Nyaya and Vaisesika philosophy.
BLOCK-03	SAMKHYA AND YOGA
UNIT-01	Theory of cause and effect; Prakriti and Purusha, Process of evolution of universe and concept of liberation.
UNIT-02	Concept of Atman, Brahma, Maya, Universe, God, the self and human life, threefold afflictions and means to overcome affliction.
UNIT-03	Twenty-five entities according to Samkhya and means of knowledge, Saakarya Vada; Similarities and dissimilarities between Vyakta and Avyakta, Triguna.
UNIT-04	Existence of Purusa, plurality of Purusa, proximity of Purusa and Prakrti, Karana, Antah Karana and Bahya Karana according to Sankhya Karika, Liberation and means of attaining it. Organization of the Yoga sutras, stages of Chittas, forms of Chitta, modification of Chittas, Kind of Kle-shas, the eight fold of Yoga and God & liberation.
BLOCK-04	MIMAMSA AND NAASTIKA PHILOSOPHY
UNIT-01	Charvaka philosophy - Origin and history of Charvaka philosophy.
UNIT-02	Metaphysics and Epistemology, Buddhism Four noble truths, Pramanas.
UNIT-03	Jainism - Categories, Triratnas and Syadvada.
UNIT-04	Mimansa darshan

REFERENCE BOOKS

1. Classical Indian Philosophy – I. N. Mohanty.
2. C.D. Sharma: Critical Survey of Indian Philosophy, Motilal Banarsidass Publications 2003.
3. N. V. Banerjee: The Spirit of Indian Philosophy, Arnold-Heinemann Publishers, 1974.

COURSE DETAILS – 2
SUBJECT NAME – YOGA IN PRINCIPAL UPANISHADS
SUBJECT CODE – MY-CT-202

CREDIT: 4	CA: 30	SEE: 70	MM: 100
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Course Objective:

To understand the essence of Principal Upanishads.

1. Understand Upanishadic Philosophy – Explore the core teachings and significance of the Principal Upanishads.
2. Analyze Key Concepts – Study Atman, Brahman, Vidya & Avidya, and states of consciousness.
3. Examine Yoga in Upanishads – Learn the role and methods of Yoga in self-realization.
4. Explore Self-Realization – Understand the Upanishadic path to Moksha through meditation and wisdom.
5. Apply Upanishadic Wisdom – Integrate teachings into modern life for ethical and spiritual growth.

BLOCK-01	Introduction to Upanishads
UNIT-01	Meaning of Upanishad
UNIT-02	Concept of Vedic Literature and Upanishads
UNIT-03	Comparison between Subject Matters of Veda & Upanishads
UNIT-04	Views of Renowned Scholars and Significance of Upanishads in Present Times
BLOCK-02	Essence of Ishavasyopanishad & Kena Upanishad
UNIT-01	Ishavasyopanishad – Concept of Karmanishta
UNIT-02	Vidya, Avidya, and Knowledge of Brahman
UNIT-03	Kena Upanishad – Self, Mind, and Intuitive Realization
UNIT-04	Moral of Yaksha Upakhya



BLOCK-03	Essence of Katha Upanishad, Prashna Upanishad, & Mundaka Upanishad
UNIT-01	Katha Upanishad – Definition of Yoga & Nature of Soul
UNIT-02	Importance of Self-Realization and Concept of Prana & Rayi
UNIT-03	Panchapranas & The Six Main Questions in Prashna Upanishad
UNIT-04	Mundaka Upanishad – Brahmailidya, Selfish Karma, and Meditation
BLOCK-04	Essence of Mandukya, Aitareya, Taittiriya, Chhandogya, & Brihadaranyaka Upanishads
UNIT-01	Mandukya Upanishad – Four States of Consciousness & Omkara
UNIT-02	Aitareya Upanishad – Concept of Atma, Universe, and Brahman
UNIT-03	Taittiriya Upanishad – Pancha Kosha & Valli Summaries
UNIT-04	Chhandogya & Brihadaranyaka Upanishads – Om Meditation, Atman, & Jnana Yoga

REFERENCE BOOKS:

1. Aurobindo, S. (2001). Kena and Other Upanishads: The Complete Works of Sri Aurobindo
2. Volume 18. Pondicherry, India: Sri Aurobindo Ashram Publication Department.
3. Aurobindo, S. (2003). Isha Upanishad: The Complete Works of Sri Aurobindo Volume 17.
4. Pondicherry, India: Sri Aurobindo Ashram Publication Department.
5. 108 Upanishad-Sadhana Khand- Pt. Sriram Sharma Acharya, Shantikunj, Haridwar.
6. 108 Upanishad-Brahmailidya Khand-Pt. Sriram Sharma Acharya, Shantikunj, Haridwar.
7. 108 Upanishad-Jnana Khand- Pt. Sriram Sharma Acharya, Shantikunj, Haridwar.
8. Upanishad Sangraha- Jagdish Shashtri, Motilal Banarasidas, Varanasi, Delhi, Chennai.
9. Swami Sivananda - The Essence of Principal Upanishads, Divine Life Society, 1980
10. Swami Nikhilananda - The Principal Upanishads, Courier Corporation, 2003

COURSE DETAILS – 3
SUBJECT NAME – HATH YOGA AND ITS APPLICATION
SUBJECT CODE – MY-CT-203

CREDIT: 4	CA: 30	SEE: 70	MM: 100
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Course Objectives:

1. To understand the fundamental principles of Hath Yoga.
2. Explain the understanding of Hath Yoga as a tradition and inculcate the essence.
3. Get acquainted with the tradition, history, its components and modern-day relevance of Hath yoga.

BLOCK-01	Introduction to Hatha Yoga
UNIT-01	Meaning and definition of Hatha yoga
UNIT-02	Origin of Hatha yoga
UNIT-03	Purpose & Prevailing misconceptions regarding Hatha yoga
UNIT-04	Introduction to Hatha Yogic Text: Hatha Pradipika and Gherand Samhita
BLOCK-02	Hatha Yogic Practices: Shatkarma and Asanas
UNIT-01	Introduction to Shatkarma- Purifications actions described in Hatha yoga Pradipika and Gherand Samhita, their method, benefits and precautions.
UNIT-02	Role and importance of Purification practices in yog sadhna & modern life.
UNIT-03	Introduction to Yoga Asana and its Role & importance in holistic health.
UNIT-04	Method, benefits, precautions and importance of asanas in H.P and Gh.S.
BLOCK-03	Hatha Yogic Practices: Pranayama, Mudra & Bandha
UNIT-01	Pranayama: Introduction, method of respiration, Types & subtypes of prana
UNIT-02	Method, benefits and precautions of Pranayama in H.P and Gh.S. and importance of Pranayama in Yog sadhana as well as mental health.



UNIT-03	Bandha: Introduction, types, method, benefits and precautions of bandhas in H.P and Gh.S.
UNIT-04	Mudra: Introduction, types, method, benefits and precautions of mudra in H.P and Gh.S.
BLOCK-04	Hatha Yogic Practices: Pratyahar, Dharana, Dhayan, Samadhi, Nada-nusandhan and Yognidra.
UNIT-01	Concept of Pratyahara and dharana: types, method, benefits, and precautions in Gherand Samhita.
UNIT-02	Nāda, the four stages of Nadānusandhana and their accomplishments (siddhis). Concept of Swara, the importance of Swarodaya Gyan in Yoga Sadhana (with special reference to Gyan Swarodaya and Shiva Swarodaya).
UNIT-03	Introduction, Purpose and Importance of major texts of Hatha Yoga
UNIT-04	Main Applications of Hatha Yogic Activities

BOOKS FOR REFERENCE:

1. Woodroffe, Sirjohn: The serpent power, Ganesh& Company, Madras, 2000
2. Woods, J. H.:The Yoga system of Patanjali, M.L.B.D., Delhi,1988
3. Swami Vivekananda: Rajayoga, Advaita Ashram, Culcutta, 2000
4. Burley, Mikel: HathaYoga, Its' ContextTheoryand Practice (M.L.B.D. Delhi, 2000)
5. Burnier, Radha: Hathayoga Pradipika of Svatmarama, The Adyar Library publications, Chennai

COURSE DETAILS – 4
SUBJECT NAME – HUMAN BIOLOGY AND YOGA THERAPY -II
SUBJECT CODE – MY-CT-204

CREDIT: 4	CA: 30	SEE: 70	MM: 100
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Course Objectives:

The objectives of this course are

1. Discuss gross anatomy and physiology of human digestive system, excretory system and blood circulatory system.
2. Recognize basic structure and their connections with central nervous system.
3. Discuss anatomical and physiological effected of selected yoga practices.

BLOCK-01	DIGESTIVE SYSTEM
UNIT-01	Definition, Structure, and Function of the Digestive System
UNIT-02	Digestion of Proteins, Fats, and Carbohydrates
UNIT-03	Structure and Function of the Pancreas
UNIT-04	Yogic Effects on the Digestive System
BLOCK-02	BLOOD CIRCULATORY SYSTEM
UNIT-01	Concept and Structure of Blood
UNIT-02	Blood Function and Circulatory System
UNIT-03	Heart and Circulatory Health
UNIT-04	Regulation of Heart Function
BLOCK-03	EXCRETORY SYSTEM AND YOGA
UNIT-01	Meaning of Excretory, Structure Of Excretory.
UNIT-02	Structure of Kidney, Work of Kidney, Structure of Nephron, Process of Formation of Urine,
UNIT-03	Quantity of Urine, Component, Excretion of Abnormal Matter From Urine
UNIT-04	Yogic Effect of Excretory System.



BLOCK-04	NERVOUS SYSTEM AND YOGA
UNIT-01	Units and Types of Nervous System, Structures of Nerves.
UNIT-02	Part of Brain and Work of Cerebellum, Distinction of Nerves, Cranial Nerves and Olfactory Nerves, Structure and Work of Olfactory Nerves.
UNIT-03	Autonomous Nervous System, Yogic Effect of Nervous System, Structure and Work of Senses,
UNIT-04	Yogic Effect On Senses.

REFERENCES BOOKS

1. Gore, M.M., Anatomy and Physiology of Yogic practices, Kanchan Prakshan, Lonavala, 2003.
2. Shirley Telles, A Glimpse of the Human body. V K YOGAS, Bangalore, 1995.
3. Sri Krishna, Notes on Structure and Functions of Human Body and Effects of Yogic Practices. on it Kaivalyadhama S.M.Y.M Samiti, Lonavala, 1988.
4. Chatterjee, C.C., Human Physiology (Vol. I & II), Medical Allied Agency, Calcutta, 1992.
6. Guyton, Textbook of Medical Physiology, 9th Edition.

COURSE DETAILS – 5
SUBJECT NAME – YOGA PSYCHOLOGY (ELECTIVE)
SUBJECT CODE – MY-GE-205

CREDIT: 4	CA: 30	SEE: 70	MM: 100
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Course Objectives:

1. Understand Consciousness – Study sleep stages, disorders, and cognitive functions.
2. Analyze Behavior – Explore psychology as a science and behavioral foundations.
3. Study Personality – Learn types, determinants, and development stages.
4. Recognize Mental Disorders – Identify causes, symptoms, and effects.
5. Explore Yoga in Mental Health – Understand Patanjali Yog Sutra and yoga's role in well-being.

BLOCK-01	INTRODUCTION TO ALTERED STATES OF CONSCIOUSNESS AND COGNITIVE PSYCHOLOGY
UNIT-01	Sleep: Stages of Sleep.
UNIT-02	Sleep Disorders.
UNIT-03	Sensation, Perception, Attention, Memory.
UNIT-04	Learning - Their definitions and types.
BLOCK-02	BEHAVIOURAL PSYCHOLOGY
UNIT-01	Psychology as a Science of Behaviour.
UNIT-02	Psychological basis of behavior.
BLOCK-03	PERSONALITY
UNIT-01	Nature and Types of Personality.
UNIT-02	Determinants of Personality - Heredity and Environment.
UNIT-03	Facets and Stages of Personality Development.
BLOCK-04	MENTAL HEALTH AND ROLE OF YOGA IN MENTAL DISORDER
UNIT-01	Causes and Consequences of Mental Conflicts and Frustrations.
UNIT-02	Introduction to Common mental disorders - Insomnia, Depression, Stress, Anxiety disorders
UNIT-03	Patanjal Yog Sutra Inclusion Concept of Mental Disorders.
UNIT-04	Role of Yoga in Mental Disorder.

REFERENCE BOOKS

1. Yoga and Psychology – Dr. Kanchan Joshi, Dr. Bijendra Singh.
2. P.L. Harrienan, 20th Century Psychology.
3. Abraham H. Maslov, Towards a Psychology of Being.
4. N.C.Pande, Mind and supermind.
5. V. Madhupudhan Reddy, Internal Yoga Psychology.
6. I.P Sachdeva, Yoga and Depth Psychology.



7. Shanti Parkash Attari, Yoga Psychology.
8. Yoga Nidra – Dr. Kamkhya Kumar.
9. Basic Sanskrit
10. Advance English

COURSE DETAILS – 5
SUBJECT NAME – BASIC SANSKRIT (ELECTIVE)
SUBJECT CODE – MY-GE-206

CREDIT: 4	CA: 30	SEE: 70	MM: 100
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Course Objectives:

Following the completion of this paper, students shall be able to:

- Read and understand the colloquial words of Sanskrit.
- Communicate and comprehend Sanskrit to the best of their ability.
- Write in Sanskrit and have some idea about grammar

BLOCK-01	संस्कृत भाषा परिचयः
UNIT – 1	संस्कृतभाषा परिचय, योगशास्त्र के अध्ययन में संस्कृत का महत्व और योग एवं संस्कृत का अन्तःसम्बन्ध।
UNIT – 2	माहेश्वरसूत्र। संस्कृत वर्णमाला, स्वर, व्यंजन वर्णज्ञान सहित रोमन लिपि में लेखन एवं पठन।
UNIT – 3	वर्णों के उच्चारण स्थान और प्रयत्न ज्ञान। प्रत्याहार निर्माण विधि एवं प्रत्याहार ज्ञान।
UNIT – 4	वाक्याङ्ग, कारक, विभक्ति (सुप् और तिङ्), लिङ्ग, वचन, पुरुष, लकार। अव्यय परिचय और संस्कृत संख्याएँ (एक से सौ तक)।
BLOCK-02	शब्दरूप परिचयः
UNIT – 1	अजन्तः- शब्दरूप- राम, हरि, गुरु, रमा, पुस्तक, शब्दों के रूप अर्थज्ञान व वाक्य प्रयोग सहित
UNIT – 2	हलन्तः – जगत्, भगवत्, राजन् शब्दों के रूप अर्थज्ञान व वाक्य प्रयोग सहित
UNIT – 3	सर्वनाम शब्दरूप- अस्मद्, युष्मद्, तत् (स्त्रीलिङ्ग, पुल्लिङ्ग, नपुंसकलिङ्ग में), एतद् (स्त्रीलिङ्ग, पुल्लिङ्ग, नपुंसकलिङ्ग में), यद् (स्त्रीलिङ्ग, पुल्लिङ्ग, नपुंसकलिङ्ग में), किम् (स्त्रीलिङ्ग, पुल्लिङ्ग, नपुंसकलिङ्ग में) शब्दों के रूप अर्थज्ञान व वाक्य प्रयोग सहित।

BLOCK-03	वाक्य निर्माण संधि व क्रियापद परिचय (वाक्यरचनाअनुवादश्च)
UNIT – 1	सन्धि कि परिभाषा व प्रकार (अच्, हल्, एवं विसर्ग) सन्धियों का ज्ञान एवं सन्धि विच्छेद का अभ्यास ।
UNIT – 2	हल् (व्यञ्जन) (श्चुत्व ष्टुत्व, चर्, जश्, अनुस्वार, परसवर्ण, अनुनासिक, षत्व, णत्व) एवं विसर्ग (सत्व, रत्व, उत्त्व (ओत्व) लोप) सन्धियों का ज्ञान एवं सन्धि विच्छेद का अभ्यास ।
UNIT – 3	भू, पट्, लिख्, गम्, कृ, (लट्, लृट्, लोट्, लङ्, विधिलिङ्मात्रम्)

Course Outcomes:

At the end of this paper students will be able to:

- Gain a deeper understanding of Sanskrit grammar rules, their applications, and nuances.
- Develop skills to analyse and construct grammatically accurate Sanskrit sentences.
- Sanskrit studies provide insights into ancient Indian philosophy, culture, and traditions, deepening your connection to heritage.

निर्धारित ग्रंथ

1. व्याकरणचन्द्रोदय (१) – डा०आचार्यासाध्वीदेवप्रिया, दिव्य प्रकाशन, हरिद्वारम्
2. योगदर्शन – स्वामि रामदेव, दिव्य प्रकाशन, हरिद्वारम्

संदर्भ ग्रंथाः

1. सरल-कठिनसंस्कृतम्- प्रो. तिरुमल पि. कुलकर्णी
2. Perry E D : A Sanskrit Primer, MLBD, New Delhi, 2004
3. Kala MR : A Higher Sanskrit Grammar for college students, MLBD, New Delhi, 2011
4. DEVAVANIPRAVESIKA- : Robert p. Goldman: MLBD-NEWDELHI.



COURSE DETAILS – 5
SUBJECT NAME – PERSONALITY DEVELOPMENT (ELECTIVE)
SUBJECT CODE – MY-GE-207

CREDIT: 4	CA: 30	SEE: 70	MM: 100
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Course Objectives:

Following the completion of this paper, students shall be able to:

- Understand the effective development of all dimensions of personality.

BLOCK-01	Introduction to Personality Development
UNIT-01	Understanding Personality
UNIT-02	Success and Personal Growth
UNIT-03	Understanding and Dealing with Failure
UNIT-04	SWOT Analysis for Self-Development
BLOCK-02	Attitude and Motivation
UNIT-01	Attitude: A Cornerstone of Personality
UNIT-02	Developing a Positive Attitude
UNIT-03	Understanding Negative Attitude
UNIT-04	Motivation and Self-Driven Growth
BLOCK-03	Self-Esteem and Relationship Dynamics
UNIT-01	Exploring Self-Esteem
UNIT-02	Dealing with Low Self-Esteem
UNIT-03	Assertiveness and Relationship Types
UNIT-04	Lateral Thinking and Creativity
BLOCK-04	Employability Skills and Professional Growth
UNIT-01	Soft Skills for the Workplace

UNIT-02	Time Management and Teamwork
UNIT-03	Preparing for the Job Market
UNIT-04	Mock Interviews and Personality Assessment

Text Books

1. Hurlock, E.B (2006). Personality Development, 28th Reprint. New Delhi: Tata McGraw Hill.
2. Stephen P. Robbins and Timothy A. Judge(2014), Organizational Behavior 16th Edition: Prentice Hall.

Reference Books:

1. Andrews, Sudhir. How to Succeed at Interviews. 21st (rep.) New Delhi.Tata McGraw-Hill 1988.
2. Heller, Robert.Effective leadership. Essential Manager series. Dk Publishing, 2002
3. Hindle, Tim. Reducing Stress. Essential Manager series. Dk Publishing, 2003
4. Lucas, Stephen. Art of Public Speaking. New Delhi. Tata - Mc-Graw Hill. 2001
5. Mile, D.J Power of positive thinking. Delhi. Rohan Book Company, (2004).
6. Pravesh Kumar. All about Self- Motivation. New Delhi. Goodwill Publishing House. 2005.
7. Smith, B . Body Language. Delhi: Rohan Book Company. 2004

COURSE DETAILS – 6
SUBJECT NAME – ADVANCE ENGLISH
SUBJECT CODE – MY-AEC-208

CREDIT: 2*	CA: 15*	SEE: 35*	50*
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Course Objectives:

1. Introduce the basic concepts of effective communication skills.
2. Improve English communication of the students.



BLOCK-01	Concept of Communication
UNIT-01	Communication definition and concept
UNIT-02	Process, Elements and steps/phase of Communication
UNIT-03	Means, Methods, Mode of Communication
UNIT-04	Verbal-oral-written Communication. Non-verbal-sign language, Body Language.
BLOCK-02	Flow and Barriers of Communication
UNIT-01	Flow of Communication: Formal/Informal.
UNIT-02	Barriers of Communication- Intrapersonal, interpersonal & organizational
UNIT-03	Recapitulation- Linguistic Communication, Patter of Communication, Group Discussion
UNIT-04	History of English Communication and print Media in India.
BLOCK-03	Grammar and Usage
UNIT-01	Noun, Pronoun, Verb
UNIT-02	Adjective, Preposition, Conjunction
UNIT-03	Rules (Translation, Punctuation, Capitalization and Abbreviation Rules)
UNIT-04	Subject-Verb Agreement Rules, Sentence Correction Rules
BLOCK-04	Grammar usage and Literature
UNIT-01	Active and Passive Voice
UNIT-02	Direct and Indirect Speech, Suffixes and Prefixes
UNIT-03	Antonyms and synonyms, Homophones and Homonyms & Letter writing
UNIT-04	Literature Summary: Key Aspects of Ramanujan's Life and Work

REFERENCE BOOKS

1. Power of Communication: Skills to Build Trust, Inspire Loyalty, and Lead effectively, by Helio Fred Garcia, 2012
2. Pone Communicates, Few Connect: What the Most Effective People Do Differently, haC. Maxwell, 2010
3. Interviewing: A Programmed Approach to Effective Communication, by David Dans, Margaret T. Hearn, Max R. Uhlemann and Allen E. Ivey, 2010
4. Art and Science of Communication: Tools for Effective Communication in the place, by P. S. Perkins and Les Brown, 2008
5. Listening Effective Groups: The Art of Small Group Communication, by Randy Fujishin.

COURSE DETAILS – 7
SUBJECT NAME – YOG PRACTICUM-II
SUBJECT CODE – MY-CP-209

CREDIT: 2	CA: 15	SEE: 35	50
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Course Objectives:

The objectives of this course are

1. Understand the benefits and limitations of each yoga practices.
2. Understand the concept and principles of shatkarmas and breathing techniques.
3. Demonstrate each practice with confidence and skilfully.

Shatkarma

Sutraneti, Agnisara, Sheetkram and Vyutkram (Inverse) Kapalbhati and all the practices described in MA 105.

Aasana

Utkatasan, Paschimottan, Chakrasana, Vrishabhasan, Natarajasan, Kukkutasana, Kurmasana, Vakrasana, Hasta Padangushtha, Parvatasana, Akaranadhanurasan, Bhunamansan, BaddhaPadmasana, Konasana, Ashtavakra, Vayatanasana, Tulsan, Vyaghrasana, Gupta-Padam, Garbhaasana, Tiriyakbhujangasana, Sarpasana, ArdhaChandrasana, ParivrittaJanushirasana, Sankat aasana



Pranayama
Suryabhedhi, Chandrabhedhi, Ujjayi, Bahyavritti, AabhyantarVritti and all practices of MA-105.
Mudra and Bandha
Shambhavi, Tadagi, Kaki Mudra and Mahabandha, Hasta mudra, Prana and Apana mudra and all the mudras and bandhas mentioned in MA-105.
Mantra & Meditation
<i>Devyajna Mantras</i> - Meaning, Memorization & Recitation
Viva

COURSE DETAILS – 8

SUBJECT NAME – HUMAN ANATOMY & PHYSIOLOGY PRACTICUM-II

SUBJECT CODE – MY-CP-210

CREDIT: 2	CA: 15	SEE: 35	50
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Course Objectives:

Following the completion of the course, students shall be able to:

- Make students familiar with the systems of the body.
- Give a hand on experience about the human body using models, charts and pictures.
- Make students understand the organization of the body with respect to structural components.

Unit: 1	Demonstration of organs and viscera, digestive and urinary system
Unit: 2	Demonstration of nerve cell, nerve/tract, brain and spinal cord
Unit: 3	Demonstration of gross sites, structures of endocrine glands
Unit: 4	Demonstration of gross structures of human ear, eye and nose